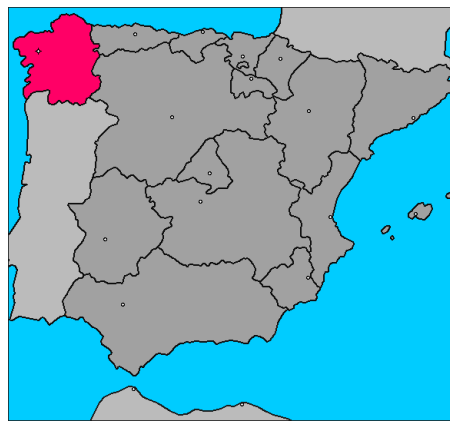
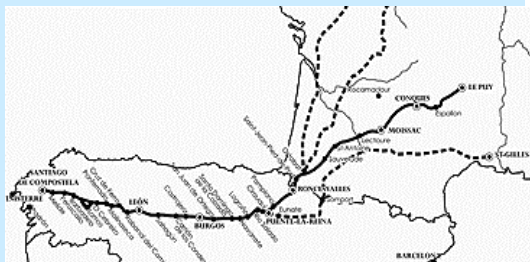
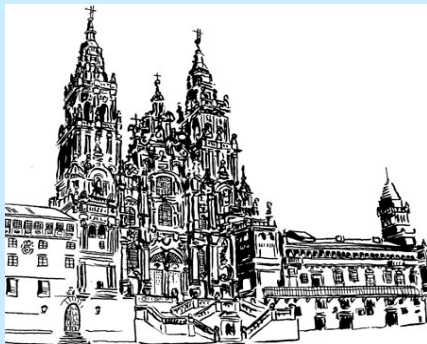


Galicia is a region located in the Northwest of Spain, with the official status of a nationality of Spain. There are four provinces in Galicia: A Coruña, Lugo, Ourense and Pontevedra. Near of 3 million people live in Galicia, mainly in the coastal area, around the cities of A Coruña and Vigo, the two most populous cities. The capital city is Santiago de Compostela, in the province of A Coruña. Santiago is the end of the Way of Saint James, a historical route of pilgrimage and communication of culture from Medieval Age to the present.

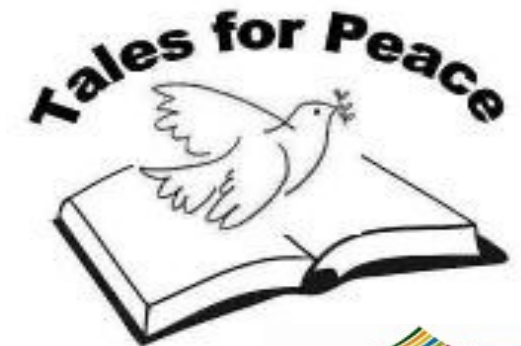


	GALICIA	SPAIN
Area	29 574 km ²	504.645 km ²
Population	2.795.422	47.265.321
Currency	EURO €	
Capital city	Santiago de Compostela	Madrid
Time zone	CET (UTC+1) In summer, UTC +2	

**GALICIA
SPAIN**

SURVIVAL KIT

**Comenius Learning
Partnership
"TALES FOR
PEACE"
2011-2013**



Education and Culture
Lifelong learning programme
COMENIUS




**"HH. Cristo Rey"
School
Oleiros-A Coruña**

LANGUAGES

Two languages are official and widely used in Galicia, Spanish and Galician, a Romance language similar to Portuguese.

ENGLISH	GALICIAN	SPANISH
Good morning	Bós días	Buenos días
Good evening	Boas tardes	Buenas tardes
Good night	Boas noites	Buenas noches
Goodbye	Adeus	Adios
Hello	Ola	Hola
Please	Por favor	Por favor
Thank you	Grazas	Gracias
Yes	Si	Si
No	Non	No
I don't know	Non sei	No sé
Excuse me	Perdón	Perdón
I would like	Quero ...	Quiero ...
How are you?	Cómo estás?	Cómo estás?
Where is ...?	Onde está...?	Donde está?
My name is ...	Chámome ...	Me llamo ...

WEATHER

Galicia is on the north west coast of Spain. It has both a maritime and an Atlantic climate. For this reason, the weather is variable outside the more reliable summer months. So, if you come in summer, don't forget a hat, and if you come in winter, don't forget your umbrella!



BEACHS & SPORTS

Galicia has some of the most scenic and spectacular beaches of Spain. But our coast faces the Atlantic Ocean and that means the water can be cold.

In Galicia, we have two teams in the Spanish football league: Deportivo from A Coruña and Celta from Vigo.

FOOD

Breakfast (Desayuno)

A light meal in the mornings. Café con leche (White coffee), sweet rolls with jam, or simply toast with jam or a mild cheese.

Tapas (little snacks) are eaten well after breakfast, but before lunch. Even before dinner.

Lunch (Comida)

The biggest meal of the day can be anytime between 1.30 and 3.30. Usually it consists of two different dishes or one more hearty one

Snack (Merienda)

Specially for children. It can consist of bread with chorizo, ham or salami; bread topped with chocolate, or cakes.

Dinner (Cena) is very light with things like eggs, fish, yogurt, or chicken and it isn't served until around nine.

TRADICIONAL GALICIAN FOOD:

Empanada: This is a kind of salty pie, filled with different types of meat, tuna or even seafood!

Tortilla: It's made of lightly fried potatoes and eggs, so the mixing of those makes an omelette. Sometimes it's made with onion and red sausages too.

Pulpo: Pulpo means octopus. It sounds maybe kind of disgusting to some people, but done in the right way with the right spices, it is really delicious.

Mariscada: These are typical Galician well-done plates of seafood, with variety and many textures, ... usually for celebrations.

Raxo con patacas: It consists of diced and fried pork loin, with French chips. All mixed together and spiced well.

Tarta de Santiago: made with eggs, flour, water, butter and almonds.

Orejas: These are typical of Carnival in Galicia, as well "**Filloas**", which are a kind of crêpes.



WHAT CAN YOUNG PEOPLE DO ...?

MUSIC

The most liked songs at the moment are:

- Efecto Pasillo - 'Pan y Mantequilla'
- Pablo Alborán - 'Te he echado de menos'
- Kase O - 'Tributo a Mr. Scarface'
- Alexander Kowalski - 'Emtec'
- Skrillex - 'Bangarang'
- Foo Fighters - 'All my life'
- Gungs and Roses - 'Sweet Child O'Mine'
- One Direction - 'We're young'
- Will.i.am - 'This is Love'
- Daddy Yankee - 'Ven Conmigo'
- J. Rico feat. Henry Mendez - 'Rayos De Sol'

FESTIVALS

CARNIVAL

The carnival in Galicia is quite different from the carnival in other areas of Spain. Our Carnival is called "Entroido" (it means "Introduction"). It's a popular festival which indicates the end of Winter and the beginning of Spring. People wear disguises and do a parade along the roads. In some places young people throw water, flour, ants... to the people on the parade. The most famous Entroido festivals in Galicia are located in the province of Ourense (south of Galicia, at the border with Portugal).

SAN JUAN'S NIGHT

On the night of June 23, it is celebrated the arrival of the summer solstice, people from A Coruña celebrate with bonfires and festivals until late in the morning. We usually roast sardines and meat outdoors and many fires are on the beaches. Young people usually jump over the ashes remaining from the fire and, bath in the sea ...

SHOPPING

There are a lot of shopping centers in A Coruña and surroundings. Young people usually visit them, go to the cinemas, and enjoy ...